

Play and activity ideas

Activities for exploring and moving

8-9 MONTHS

chikabebe.com

1 Crawling and standing

Every step toward independence:

- **Cushion tunnel:** Encourage baby to crawl through it.
- **Chase the ball:** Roll a soft ball in front of baby.
- **Pulling up:** Sturdy furniture with a toy on top.

2 Hide and find

Objects exist even when out of sight:

- **Peek-a-boo with a cloth:** Hide your face or a toy under a thin cloth.
- **Toy under a bowl:** Cover it in front of baby.
- **Treasure box:** Soft objects to take out.

3 Give and take

Hands discover how things work:

- **Bowl and cups:** Putting in, taking out, stacking.
- **Pot and spoon:** A homemade drum for banging.
- **Dropping things:** Pick them up calmly — it's an experiment.

4 Gestures and words

Understands more than they say:

- **Give and thank you:** Hold out your palm and hand over an object.
- **Wave and clap:** Wave and clap together.
- **Name things:** "Ball" — as you hand it over.

Important at this stage:

A mobile baby gets everywhere. Check your home from floor level: sockets, cords, small objects and unstable furniture. Never leave baby unsupervised.